

Disaster First-Aid Training



It is extremely important to be able to take care of yourself and others during and immediately following a disaster. This 8-hour class includes a standard First Aid/CPR course, receiving certification valid for two years. In addition to the basics, you'll learn techniques dealing with multiple injuries resulting from a major disaster where 9-1-1 is overwhelmed and unavailable. This includes: triage or sorting and prioritizing injuries; practice in safe ways to lift and carry patients; treating broken bones, cuts, sprains and burns using things found around the home.

Dates: September 30, 2006
or
November 4, 2006

Time: 8:30am—5:00pm
(8 hr. class plus 1/2 hour lunch)

Location: Sand Point Magnuson Park
7400 Sand Point Way NE (the old Naval Station)

Instructor: Tony Bennett, a veteran Seattle firefighter

How to register: Print this flyer.
Detach and complete the bottom portion of the flyer and mail along with the fee to the address listed below.

For more information, contact:
Elizabeth Mash at 206-233-7123



**Learn what
to do
especially when
9-1-1 is
overwhelmed
and unavailable
during disasters**



Disaster First Aid Training

Instructions:

- Complete the registration information
- Select the date you prefer
- Make your check for \$35.00 payable to Medic First Aid
- Mail check and registration to :

**City of Seattle
Office of Emergency Management
Attn: Elizabeth Mash
2320 — 4th Ave
Seattle, WA 98121**

Registration Information

Name _____

Address _____

Phone _____

E-mail _____

Choose either:

☐ September 30, 2006

Or

☐ November 4, 2006

Class Fee: \$35.00

***Please make your check
payable to Medic First Aid.***

Please Note:

We will mail you a confirmation notice with driving instructions, parking suggestions and classroom directions. We require a 3-day cancellation notice. If you cancel after this time, you will forfeit your registration fee.

08-28-06